

Name : **Dr. M.SEENIMURUGAN**
Position : **DIRECTOR OF PHYSICAL EDUCATION**
Faculty of : **PHYSICAL EDUCATION**
Phone / Mobile : **9976145779**
Email Id : **seenumurugan17@gmail.com**
Date of Birth : **25/05/1979**



Languages Proficiency

Read : **Tamil & English**

Write : **Tamil & English**

Speak: **Tamil & English**

1. Qualification

Sl.No	Degree / Diploma / Certificate	Discipline	Name of the Institution	Year of Passing
1.	B.Sc.,	Botany	Thiagarajar College, Madurai	2003
2.	B.P.Ed.	Physical Education	Annamalai University, Chidambaram	2004
3.	M.P.Ed.	Physical Education	Annamalai University, Chidambaram	2006
4.	M.Phil.	Physical Education	Annamalai University, Chidambaram	2008
5.	Ph.D.	Physical Education	Madurai Kamaraj University, Nagamalai.	2011
6.	P.G. Diploma	yoga	Annamalai University, Chidambaram	2004

2. Teaching Experience

Sl.No	Institution	From	To
1.	Director of Physical Education Vivekananda College, Tiruvedakam West, Madurai Dist.	01-07-2007	Till Date

3. Position Held in Vivekananda College

Sl.No	Name of the Position	Duration
1.	Member of the Disciplinary Committee of the College	01-07-2007 to Till Date
2.	Member of Gurukula Administrative Committee	01-07-2007 to Till Date
3.	Member of Mess Administrative Committee	01-07-2007 to Till Date
4.	In-charge for water and generator facility throughout our campus	01-07-2007 to Till Date
5.	Yoga master	01-07-2007 to Till Date
6.	Member of Parent-Teacher Association	2012 to Till Date
7.	Member of Anti Ragging Committee	2010 to Till Date
8.	Manager and overall maintenance at the Audio Visual Hall	2010 - 2016
9.	Member of Internal Quality Assurance Cell (IQAC)	2016 - 2017

4. Position Held Outside

Sl.No	Name of the Position	Name of the Position	Duration
1.	Madurai District Mallakhamb Association	Joint secretary	2016 to Till Date

5. Area of Specialization

- **Kabaddi**
- **Badminton**
- **Cicket**

6. Orientation / Refresher / Training Programmes / FDP Attended

Sl.No	Programmes	Theme	Organized By	Date
1.	Orientation		MKU	
2.	Refresher	Physical Education	Bharathiar university Coimbatore	

7. National / International Seminars, Workshops, Conferences & Symposiums

Sl. No	Programmes	Sponsored By	Organized By	Date	Participated / Presented	Title of the Paper
1.	National Seminar	UGC	Department of Physical Education, Health Education and Sports, M.D.T.Hindu College, Tirunelveli	29-01-10	Presented	Effect of Selected Yogic Practices on Cardio Vascular Endurance of College Students
2.	International conference		Department of Physical Education, Alagappa University, Karaikudi	12,13 -02-10	Presented	Effect of Selected Yogic Practices on Muscular Endurance of College Students
3.	National Seminar	UGC	Department of Physical Education, University of Madras. Chennai-31	19,20-03-10	Presented	Effect of Resistance, Endurance Training and Combined Training on Selected Physical Variables among College Students.
4.	National Conference		Department of Physical Education, Bharathidasan University, Tiruchi	12-03-11	Presented	Effect of Selected Yogic Practices on Breath Holding Time of College Students
5.	National Seminar	UGC	VHNSN College, Virudhunagar.	11,12-08-11	Presented	Effect of Selected Yogic Practices on Body Composition of College Students

Sl. No	Programmes	Sponsored By	Organized By	Date	Participated / Presented	Title of the Paper
6.	National Seminar	UGC	Department of Physical Education, Ayya Nadar Janakiammal College, Sivakasi.	21,22-03-12	Presented	Effect of Resistance, Endurance Training and Combined Training on Tidal Volume of College Students.
7.	National Seminar	UGC	Department of Physical Education, MTN College, Madurai.	10-08-12	Presented	Effect of Resistance, Endurance Training and Combined Training on Total Cholesterol among College Students.
8.	International conference		Alagappa university	16&17 March 2018	Presented	Changes of breath holding time through aerobic exercise among college students

8. Articles Published in Journals / Books

Sl. No	Journal / Book Name	Title of the Article	Month / Year	Vol . No.	Issue. No	Page No.	ISSN	Publisher
1	Asian Journal of Physical Education & Computer Science in Sports	Effect of Resistance, Endurance and Combined Training on Selected Physical Fitness Variable.	July 2011 to December 2011	5	1	129-134	0975-7732	Indian Federation of Computer Science in Sports